



Your Free Monthly Newsletter



Try a little bit of
EVERYTHING

www.volunteerkamloops.org

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**"IT'S SO
COMMON, IT
COULD BE
ANYONE. THE
TROUBLE IS,
NOBODY WANTS
TO TALK ABOUT
IT. AND THAT
MAKES
EVERYTHING
WORSE."**

– Ruby Wax

Tricia Turner: A Kamloops Volunteer



I am so grateful to have joined Volunteer Kamloops a year ago. It has given me a great opportunity to get to know about many of the amazing membership groups that Volunteer Kamloops works with and finds volunteers for. I am particularly fond of the membership agencies who work with seniors.

I currently volunteer with Gemstone healthcare center as a friendly visitor. I meet a wonderful lady once a week and we have such a lovely time playing cards together. I love getting a huge smile out of her, especially when she beats me!

I call it my “adopt a grandparent” time. I lost my own grandparents with in the last few years and they were very near and dear to me and still hold a huge spot in my heart. They were huge influences to me in terms of what it looks like to be humble, giving, and grateful. And all of our seniors deserve respect for their knowledge, personalities and life long contributions. So I am honored to volunteer now as a friendly senior visitor.

I also have experience with volunteering with mentoring, sporting events, the Kamloops Foodbank, and numerous volunteering with my kids youth sports.

I love how I can connect with others through volunteering. And I love the great feeling of giving back to others in my areas of interest.

Volunteering helps my heart to feel full!

Join the

VOLUNTEER KAMLOOPS

Board of Directors

Special
Event

VOLUNTEERS
NEEDED

"The world is
hugged by
the faithful
arms of
volunteers."

— TERRI GUILLEMETS

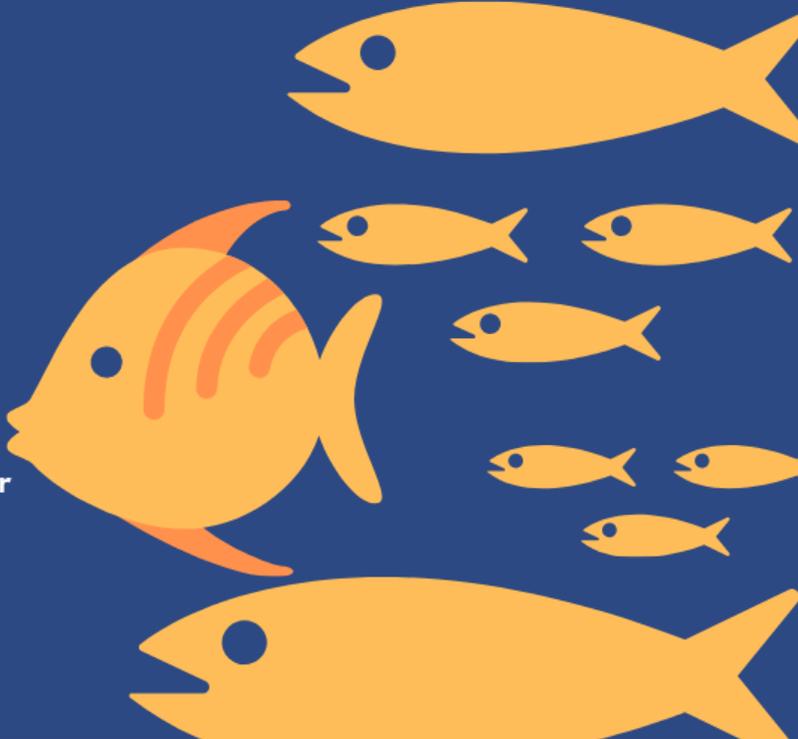


You don't have to swim alone!

BECOME A MEMBER

We can help you find volunteers, promote your events, provide free advertising, and more!

Visit www.volunteerkamloops.org to learn more



VOLUNTEER ^{OF THE} MONTH

Congratulations TAMARA CHANCE

Tamara is a newer member of the Kamloops Community and gives her time to the Snow Angels, the Gardengate program and CMHA clubhouse.

"I love giving back in my community and it's a great way to meet new people".

If you would like to learn about volunteer opportunities, please call Taylor at 250-372-8313.

Volunteer winners provided by:



Tamara received her \$100 gift certificate from NuLeaf.

BROUGHT
TO YOU BY:



740 FORTUNE DRIVE, KAMLOOPS

250-376-8618

FRESHLY PICKED PRODUCE DAILY

Space provided by Kamloops This Week & Kamloops This Week Digital

Nuleaf Grocery store on the North Shore is sponsoring a volunteer on a monthly basis.

They highlight one volunteer in our community in an ad in KTW as well as by providing the volunteer with \$100 gift card.

We help identify the volunteers that make a difference in our community.

Thank you NuLeaf for making this possible!

KTW of the TIMERAISEr month



Cassandra Brake

What piece of art did you buy?

The Rooster was painted by Marianna Abutalipova.

What organization(s) did you volunteer with to pay for your art?

I volunteered with the Boys and Girls Club, JDRF and United Way but most of my hours come from my passion to be a part of Junior Achievement.

What do you like best about the organization(s) you volunteered for?

Each organization serves its own amazing purpose and they touch me in different ways but have found an undeniably great fit with Junior Achievement. It is my absolute pleasure to mentor the youth in our community about financial literacy. With every classroom that I step into, I hope to give each child or young adult valuable

information that will empower them at some point in their lives. I know how impactful JA would have been for me as a young adult and I am thrilled that we are now bringing these powerful conversations into classrooms.

What do you like best about your artwork?

I am grateful for the journey that I went on to get my artwork- the experiences I had, the people I met. I love that there are so many colors, it certainly brightens up my office!

What do you like about the Timeraiser event?

I love the whole concept of the Timeraiser event. It's an incredible circle of giving as the sponsors support the artists and the volunteers support the community. It is a great chance to have one on one time with the non-profit agencies, learn more about what opportunities are out there and where you would be a good fit- if you want to volunteer but don't know where to start, this is the event!

HOW TIME RAISER WORKS



Local artwork is selected and purchased for auction



Non-profit agencies gather at the time raiser event



Participants bid volunteer hours on works of art they are interested in



The winning bidders complete their volunteer pledge over a year



Bidders bring their artwork home!

SPONSOR of the MONTH



CHRIS CHAN

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Email: chris@uprealestate.ca

Volunteer Kamloops Current Hot Opportunities

MS SOCIETY OF CANADA
MS Walk 2019

MAKE-A-WISH BC & YUKON
Foam Fest 2019 Volunteers

ARTHRITIS SOCIETY OF B.C.
Walk for Arthritis Committee Members

CANADIAN MENTAL HEALTH ASSOCIATION
Ride Don't Hide Volunteers

KAMLOOPS BLAZERS HOCKEY CLUB
Event Staff Volunteers

FOR DETAILS VISIT

www.volunteerkamloops.org

or call 250-372-8313

The next KTW COMMUNITY TIMERAISEr

FRIDAY, NOVEMBER 15

7:00 - 11:00 pm

The Rex Hall

417 Seymour St.

Live Music ~ Appies ~ Art

EVERYONE WELCOME

No obligation to volunteer

Member of the Month



New Life Community Kamloops cares for people & alleviates hardship by providing positive opportunities for changes. We lend an open ear, supply needed clothing & shelters options, provide nourishing food & rehabilitation assistance.

We have been providing outreach & poverty relief services in Kamloops since 1980. Our mandate is to bring hope to the hungry, hurting & homeless by showing the love of God through word & deed. We are a faith-based non-profit social service community which operates a variety of programs & receives funding & assistance from many different sources locally & in the surrounding area.

Our work involves ministering to the whole person which includes the spiritual, physical, emotional, &

social needs of the individual.

A positive attitude & giving heart are the first steps to helping brighten the future of others in our community. Help make a positive impact in Kamloops through donating your time or gently used clothing & household items.

Did you know that the simple act of donating your time one morning or afternoon this week could help directly transform someone else's life in our community onto a positive path for change? We have a variety of volunteer opportunities available for those looking to give back to their community, meet new people and help change lives. From volunteering in our Outreach Centre preparing or serving food or to organizing clothing and household donations for sale in our Thrift Store, to performing vehicle maintenance on our delivery vehicle or building confidence in another as you trim their hair in our Salon. Whether you are looking to interact with others or remain behind the scenes, we have life-enriching volunteer opportunities available here for you.

We would like to personally thank all of our past, present and potential future volunteers whom, without your help, our organization would have difficulty operating and assisting those less fortunate within our community.

WE WANT YOUR

PHOTOS

Share them with us on social media or
email them to
program@volunteerkamloops.org



We want to see how you volunteer!

We want to show off your hard work. Share your volunteer pictures with us.

Email them to program@volunteerkamloops.org

FOLLOW US ON SOCIAL MEDIA



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Our mailing address is:
705 Seymour St.
Kamloops, B.C.
V2C2H4

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